

RPC Transportation Advisory Committee

April 23, 2020

9:00-10:00 AM

Virtual Meeting

Remote Meeting Via Zoom Conference Call Per RSA 91-A:2,III(b) the RPC Chair has declared the COVID-19 Outbreak an emergency and has waived the requirement that a quorum be physically present at the meeting.

Link to the Zoom Meeting: <https://zoom.us/j/95263479904>

Call in Number: 1 (929) 205-6099 (for phone audio)

1. Introductions and Zoom orientation/etiquette – Dave Walker (10 Minutes)
2. Minutes of 01/23/20 TAC meeting (**Attachment #1**) — *[motion to approve]* (5 minutes)
3. **2019 TIP Amendment #4 (Attachment #2) – Dave Walker — [motion to approve] (15 minutes)**
4. Congestion Management Process Update – Dave Walker (10 Minutes)
5. Bike Month Update – Scott Bogle (10 Minutes)
6. Age Friendly Communities Grant Proposal – Scott Bogle (10 Minutes)
7. Open discussion/Comments

NH Transportation Planning Process Overview

MPO Long Range Transportation Plan (LRTP)

20+ Year Horizon

- Long & Short Term Actions
- Regional Goals & Objectives
- Regionally Significant Projects
- Fiscally Constrained
- Provides Projects for State 10 Year Plan
- Major updates every 4-5 years

State Ten Year Plan

10 Year Queue of Identified Needs

- Fiscally Constrained
- Statewide Project list
- State commitment to a project
- Regional funding "targets"
- Projects advance to TIP when ready
- Updated every 2 years

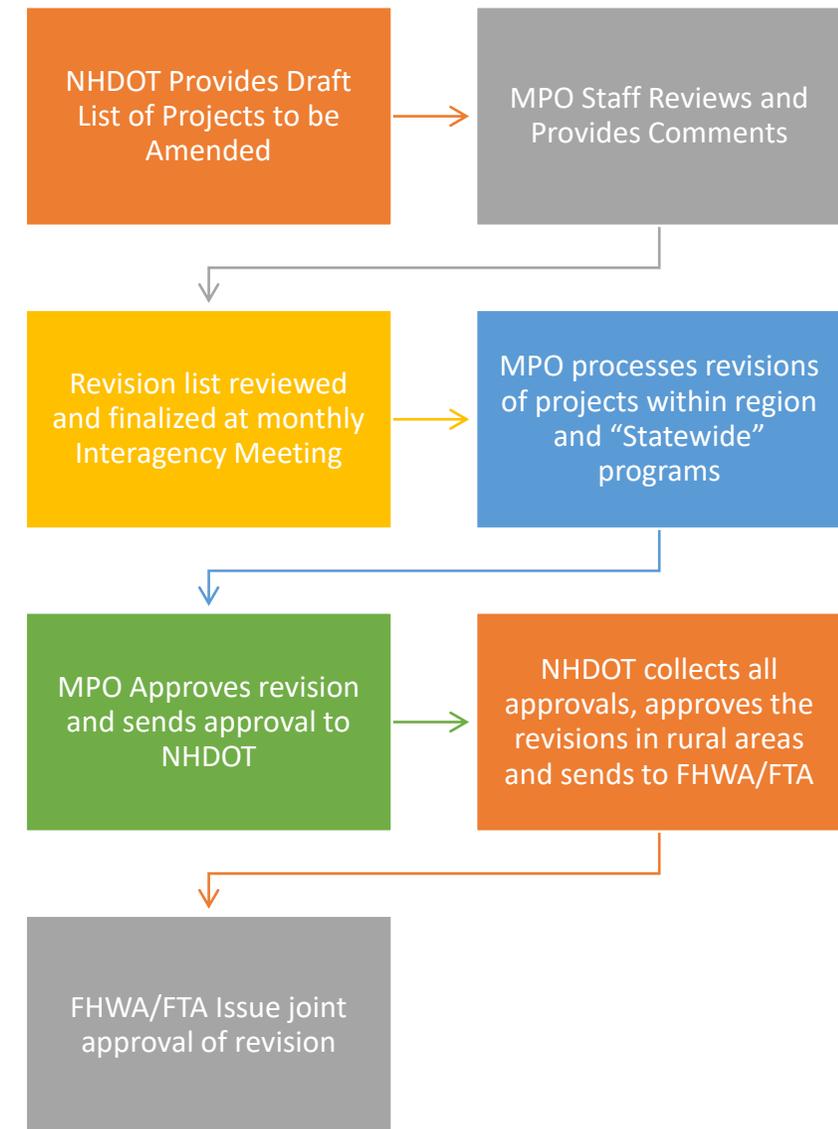
MPO Transportation Improvement Program (TIP)

4 Year short-range project list

- Projects to be implemented in near-term
- Federally Funded & Regionally Significant Projects
- Dedicated Funding
- Fiscally Constrained
- Regional TIPs together create State TIP
- Updated every 2 years

TIP Revision Process

- Two types of TIP Revisions
 - Amendments
 - Administrative Modifications or Minor Revisions
- Different **timeframe and level of public involvement**
- Thresholds for amendments established statewide for consistency
- Project changes that meet established threshold = Amendment
- **MPO can consider any administrative modification as a full amendment at our discretion.**



TIP Amendment Process

- Amendments occur roughly quarterly
 - Address “**substantial**” changes in projects
1. NHDOT Provides draft Amendment that is reviewed and endorsed by the Interagency Consultation process.
 2. Proposed Amendment is processed by staff into MPO TIP Revision Database
 3. Required **10-30 day public comment period** is started and timed to end the day prior to the MPO Policy Committee meeting
 4. TAC reviews changes and makes a recommendation to the MPO Policy Committee (May happen prior to public comment period)
 5. MPO Policy Committee approves the Amendment after end of comment period, a public hearing, and discussion.

TIP Amendment #4: Overview

- 2019 Transportation Improvement Program (TIP) and State Transportation Improvement Program (STIP)
- 3 Regional Projects
- 1 Statewide projects for RPC to consider
- A 10-day Public Comment Period will start on **May 2, 2020** and concluded on **May 12, 2020**.
- Net funding change in TIP: **+\$10,605,192**
- Net funding change in LRTP: **+\$20,738,124**

Reading the TIP Revision Report



Revision: A03 **1**
 Docket Detail: 2019 TIP Amendment 3 **2**
 Approval Date: 2/12/2020 **3**

4 **COMMUTER/INTERCITY BUS REPLACEMENT (40284)** **5** **APPROVED**

Project Route/Location: **Various** **6**

7 **Scope:** Replacement of existing state-owned coaches used for commuter/intercity bus. CMAQ-to-FTA transfers.

	Fiscal Year				Funding Source			TIPTotal	Funding Programs
	2019	2020	2021	2022	FEDERAL	STATE	OTHER		
OTHER	\$0	\$0	\$1,126,362	\$0	\$1,126,362	\$0	\$0	\$1,126,362	FTA5307, CMAQ, Toll Credit
	\$0	\$0	\$1,126,362	\$0	\$1,126,362	\$0	\$0	\$1,126,362	

Regionally Significant: N CAA Code: E-30 **9** Total Project Cost: \$14,542,336

COMMUTER/INTERCITY BUS REPLACEMENT (40284) **PENDING**

Project Route/Location: **Various**

Scope: Replacement of existing state-owned coaches used for commuter/intercity bus. CMAQ-to-FTA transfers.

	Fiscal Year				Funding Source			TIPTotal	Funding Programs
	2019	2020	2021	2022	FEDERAL	STATE	OTHER		
OTHER			\$0		\$0			\$0	FTA5307
			\$0		\$0			\$0	

Regionally Significant: N CAA Code: F-30 **16** **17** **12** **13** Total Project Cost: \$13,415,974

1. Revision Docket – **A##** = Amendment. **A##M##Y##** = Administrative Adjustment.
2. Description of Revision
3. Approval Date
4. Project Location – Will list “Program”, “Statewide”, or the community name(s)
5. State Project Number
6. Project Route/Location – specific roadway or facility where the project is occurring
7. Project Scope – Short description of project
8. Project phases – Can consist of “PE”, “ROW”, “CON”, or “OTHER”
9. Total Project Cost. Includes costs for years before and
10. Currently approved version of project
11. Proposed project as revised
12. Cost and phase breakout by TIP year
13. Cost and phase breakout by general source of funds
14. TIP Total – Total funding for project in the TIP by phase
15. Funding Programs – Specific Federal, state, and other funding programs used
16. Regionally Significant – Is project considered “Regionally Significant”
17. CAA Code – Clean Air Act Exemption Code

Hampton 40797

HAMPTON (40797)

APPROVED

Project Route/Location: **Ocean Boulevard**

Scope: Improvements to Ocean Boulevard.

	Fiscal Year				Funding Source			TIPTotal	Funding Programs
	2019	2020	2021	2022	FEDERAL	STATE	OTHER		
PE	\$121,890	\$565,610	\$113,080	\$319,677	\$1,120,257	\$0	\$0	\$1,120,257	REF, Toll Credit, STP-5to200K
ROW	\$0	\$0	\$113,080	\$205,165	\$318,245	\$0	\$0	\$318,245	STP-5to200K, Toll Credit
	\$121,890	\$565,610	\$226,160	\$524,842	\$1,438,502	\$0	\$0	\$1,438,502	
Regionally Significant:	N	CAA Code: E-38						Total Project Cost:	\$8,062,834

HAMPTON (40797)

PENDING

Project Route/Location: **Ocean Boulevard**

Scope: Improvements to Ocean Boulevard.

	Fiscal Year				Funding Source			TIPTotal	Funding Programs
	2019	2020	2021	2022	FEDERAL	STATE	OTHER		
PE	\$121,890	\$565,610	\$1,082,763	\$310,970	\$2,081,233			\$2,081,233	REF, Toll Credit, STP-5to200K
ROW			\$110,000	\$199,577	\$309,577			\$309,577	STP-5to200K, Toll Credit
	\$121,890	\$565,610	\$1,192,763	\$510,547	\$2,390,810			\$2,390,810	
Regionally Significant:	N	CAA Code: E-38						Total Project Cost:	\$8,834,713

Portsmouth, NH – Kittery, ME 16189

PORTSMOUTH, NH - KITTERY, ME (16189)

APPROVED

Project Route/Location: **I-95**

Scope: REHABILITATION OF BRIDGE OVER PISCATAQUA RIVER (HIGH LEVEL BRIDGE)

	Fiscal Year				Funding Source			TIPTotal	Funding Programs
	2019	2020	2021	2022	FEDERAL	STATE	OTHER		
PE	\$1,060,000	\$0	\$0	\$0	\$0	\$530,000	\$530,000	\$1,060,000	Maine, TRR
CON	\$20,800,000	\$5,900,000	\$6,153,000	\$0	\$0	\$13,343,350	\$19,509,650	\$32,853,000	Maine, TRR
	\$21,860,000	\$5,900,000	\$6,153,000	\$0	\$0	\$13,873,350	\$20,039,650	\$33,913,000	
Regionally Significant:	Y	CAA Code: E-19						Total Project Cost:	\$33,913,000

PORTSMOUTH, NH - KITTERY, ME (16189)

PENDING

Project Route/Location: **I-95**

Scope: PRESERVATION OF BRIDGE OVER PISCATAQUA RIVER (HIGH LEVEL BRIDGE)

	Fiscal Year				Funding Source			TIPTotal	Funding Programs
	2019	2020	2021	2022	FEDERAL	STATE	OTHER		
PE	\$983,252					\$568,252	\$415,000	\$983,252	Maine, TRR
CON	\$29,881,837	\$12,000,000	\$10,300,000	\$714,157		\$28,714,157	\$24,181,837	\$52,895,994	Maine, TRR
	\$30,865,089	\$12,000,000	\$10,300,000	\$714,157		\$29,282,409	\$24,596,837	\$53,879,246	
Regionally Significant:	Y	CAA Code: E-19						Total Project Cost:	\$53,879,246

Statewide RWIS (25198)

STATEWIDE-RWIS (25198)

APPROVED

Project Route/Location: **Various**

Scope: To install Road and Weather systems around the State. Ad date set for October 29, 2019

	Fiscal Year				Funding Source			TIPTotal	Funding Programs
	2019	2020	2021	2022	FEDERAL	STATE	OTHER		
CON	\$0	\$823,200	\$0	\$0	\$431,200	\$392,000	\$0	\$823,200	STP-State Flex, Toll Credit, TPK-CAP
	\$0	\$823,200	\$0	\$0	\$431,200	\$392,000	\$0	\$823,200	
Regionally Significant:	N	CAA Code:	ATT					Total Project Cost:	\$935,155

STATEWIDE-RWIS (25198)

PENDING

Project Route/Location: **Various**

Scope: To install Road and Weather systems around the State.

	Fiscal Year				Funding Source			TIPTotal	Funding Programs
	2019	2020	2021	2022	FEDERAL	STATE	OTHER		
CON		\$823,200			\$431,200	\$392,000		\$823,200	STP-State Flex, Toll Credit, TPK-CAP
		\$823,200			\$431,200	\$392,000		\$823,200	
Regionally Significant:	N	CAA Code:	ATT					Total Project Cost:	\$935,155

Stratham 41711

STRATHAM (41711)

Project Route/Location: **NH108/Bunker Hill Avenue**

PENDING
New Project

Scope: Signalization, Turn Lanes and Intersection Realignment at the NH108/ Bunker Hill Intersection.

	Fiscal Year				Funding Source			TIPTotal	Funding Programs
	2019	2020	2021	2022	FEDERAL	STATE	OTHER		
PE			\$145,915		\$145,915			\$145,915	STP-State Flex, Toll Credit
			\$145,915		\$145,915			\$145,915	
Regionally Significant:	N	CAA Code:	ATT					Total Project Cost:	\$1,364,916

Fiscal Constraint & Air Quality

- Air Quality Conformity is not needed as we have been in Attainment since 2013 and can rely on previous analysis
- Fiscal Constraint is maintained

New Projects/Phases	+\$145,915
Scope Changes	+\$0
Cost/Funding changes	+\$10,459,277
Projects removed	\$0
Total Funding Change	\$10,605,192

Totals for FY2019-2022 From NHDOT Fiscal Constraint Table					
	2019	2020	2021	2022	Total
Available	\$ 275,713,678	\$ 352,370,686	\$ 395,379,865	\$ 308,993,511	\$ 1,332,457,740
Programmed	\$ 264,492,507	\$ 350,144,247	\$ 394,330,455	\$ 307,391,591	\$ 1,316,358,800
Remaining	\$ 11,221,171	\$ 2,226,439	\$ 1,049,410	\$ 1,601,920	\$ 16,098,940

Comments and Recommendation

- Comments/Questions?
- Recommend that the TAC endorse TIP Amendment #4

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Congestion Management Process

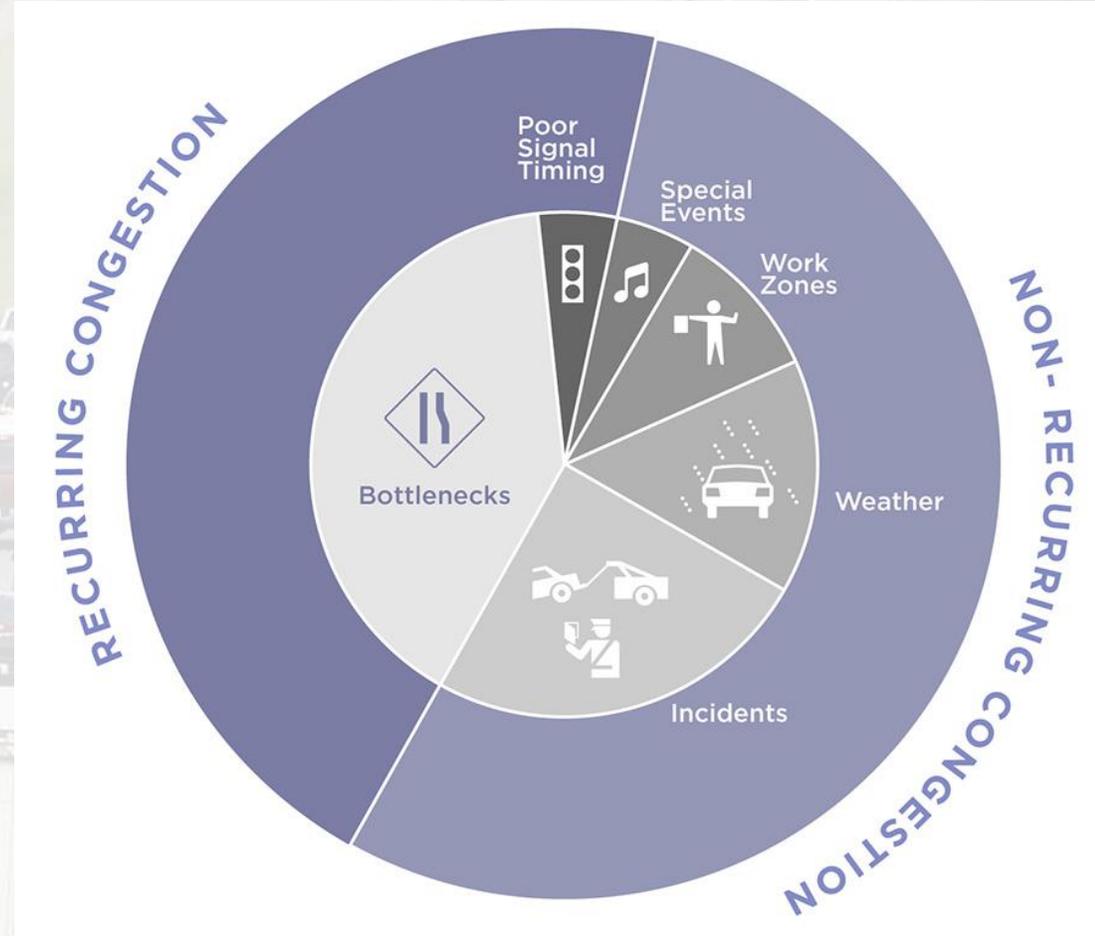
Updating the 2010 document and methodology

What is a Congestion Management Process (CMP)?

- A regional approach for managing congestion
- Provides a set of actions that for effective management and operation of the transportation system
- Linked to the planning and environmental review processes
- Based on agreed to travel demand reduction and operational management strategies, as well as increases in capacity.
- Can be integrated into Long Range Plan or a developed as a separate document

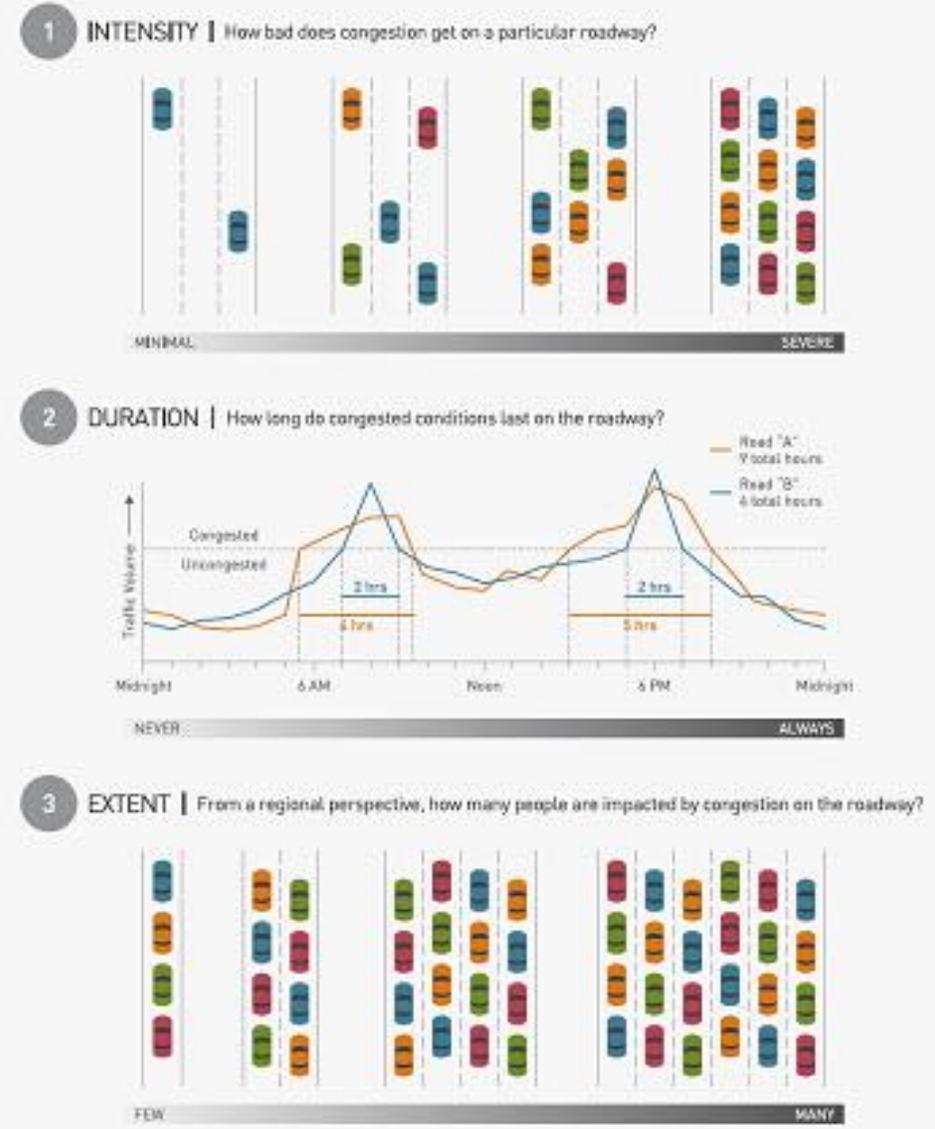
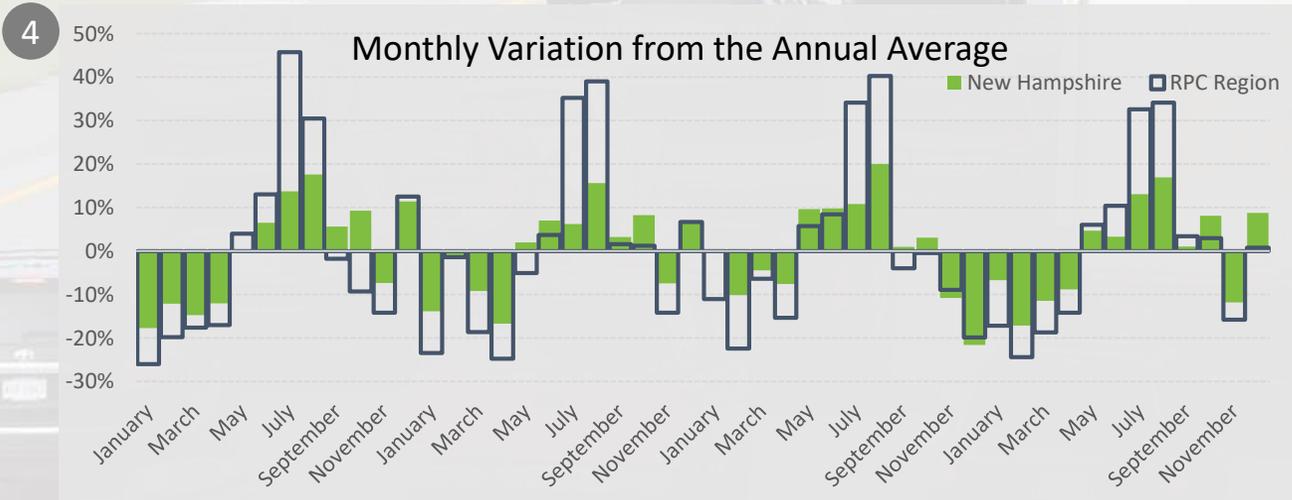
What Is the CMP Used For?

- ✓ Identify congested locations
- ✓ Determine the causes of congestion
- ✓ Develop alternative strategies to mitigate congestion
- ✓ Track and evaluate the impact of previously implemented congestion management strategies
- ✓ Prioritize projects for the TIP and Ten Year Plan
- ✓ Provide information for environmental analyses



Four Dimensions of Congestion

- Intensity** – The Relative severity of congestion at a particular location
- Duration** – The amount of time that congested conditions persist
- Extent** – The number of system components or users affected
- Variability** – The changes in congestion that occur on different days or at different times.



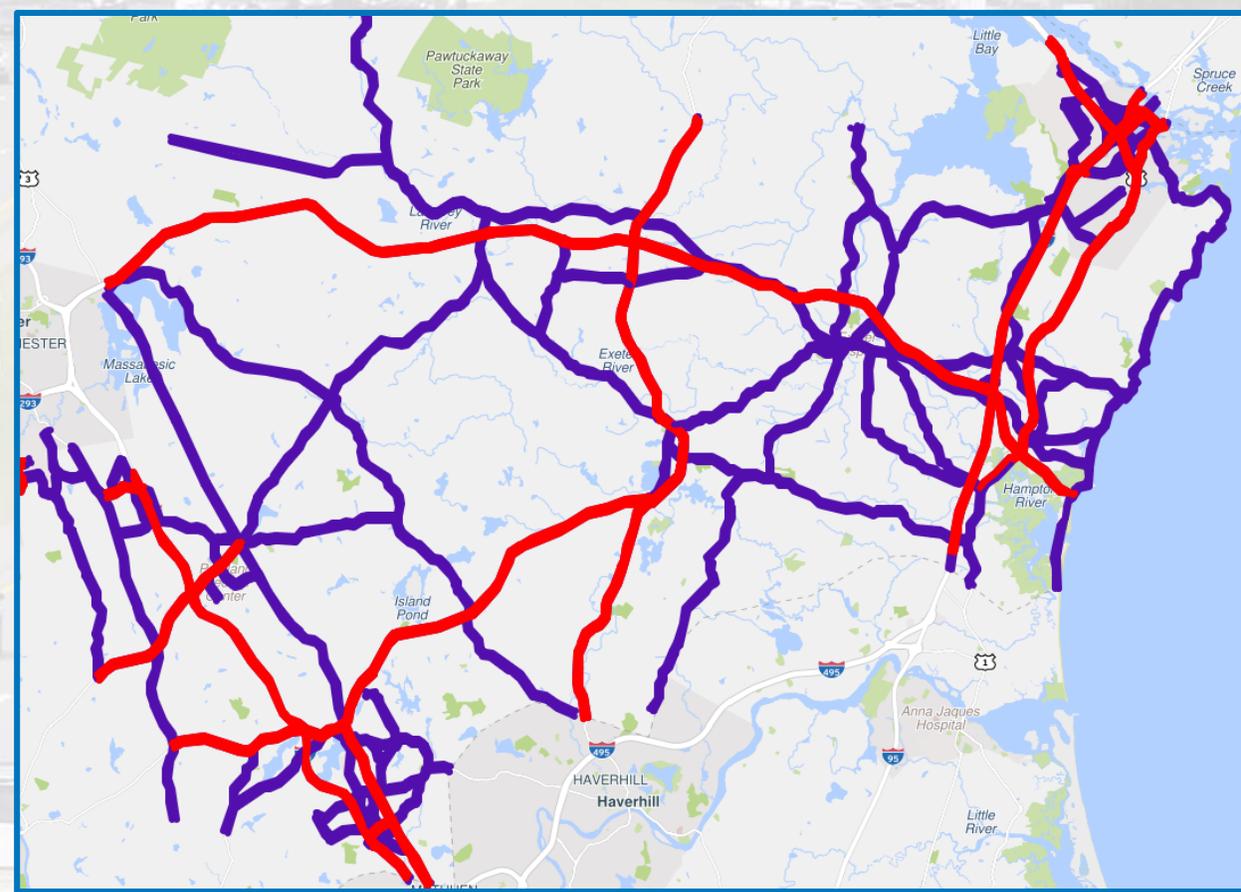
Source: Atlanta Regional Commission, CMP, 2006

Why update now?

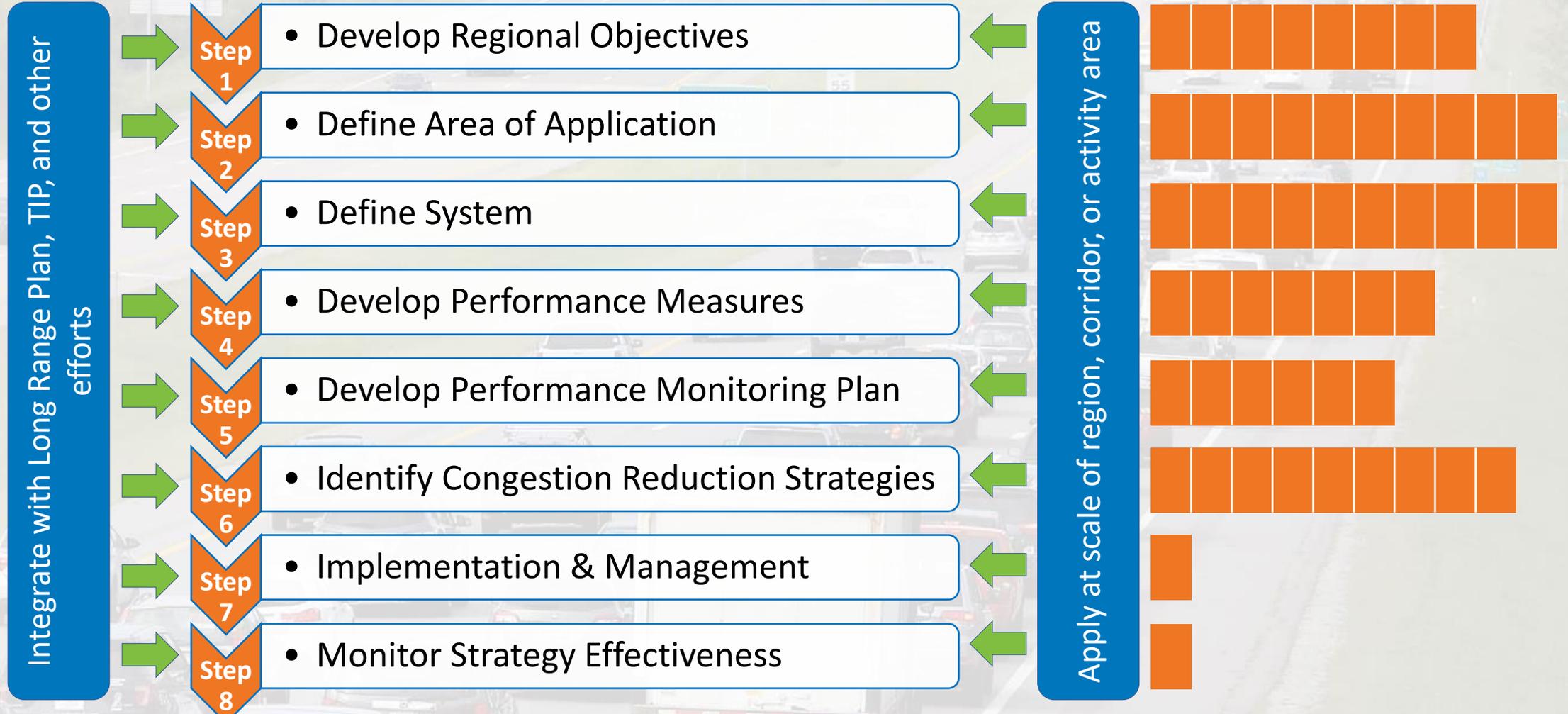
- Current process is 10 Years old
- Existing process is hampered by substantial data collection and staff time requirements
- MAP-21/FAST Act performance measures and targets provide a new framework for analysis and the data to do it.
- 2017 FHWA/FTA Planning Review included Corrective Action to update the MPO CMP
- Availability of **NPMRDS** travel time data and analysis tools reduce staff time requirements considerably.

What is the NPMRDS?

- National Performance Management Research Data Set (**NPMRDS**)
- Vehicle probe-based travel time data set acquired by the Federal Highway Administration (FHWA)
- Average travel times every 5 minutes, 24/7 on the National Highway System (NHS)
- Can separate Passenger vehicles and Trucks
- FHWA provides basic data needed to address Federally Required Performance Measures
- **New Hampshire MPOs purchased access to expanded tools and coverage**



The 8 Step CMP Development Process



Outputs

- Congestion Management Process Document
 - Goals and Objectives – tied to larger planning process
 - How we measure and track congestion
 - List of available strategies to address congestion
- ArcGIS StoryMap
 - Regional picture of congestion data and trends
 - Up-to-date Status on performance metrics
- Data will feed into TIP and Ten Year Plan project selection processes
- Inform the public and elected officials



Congestion Management Process

2020 Documentation
and Methodology
Update

DRAFT – 4/21/2020



Integration with Other Planning Efforts

2020 & even years going forward

2021 & odd years

Task	2020 & even years going forward						2021 & odd years					
	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	
CMP Updated and Story Map Published	Green	Green	Light Blue	Light Blue	Light Blue	Light Blue	Light Blue					
L RTP Project Solicitation	Light Blue	Orange	Orange	Orange	Light Blue	Light Blue	Light Blue	Light Blue	Light Blue	Light Blue	Light Blue	
Project Development	Light Blue	Light Blue	Orange	Orange	Orange	Orange	Light Blue	Light Blue	Light Blue	Light Blue	Light Blue	
Project Prioritization	Light Blue	Light Blue	Light Blue	Light Blue	Light Blue	Orange	Orange	Light Blue	Light Blue	Light Blue	Light Blue	
NHDOT Project Review	Light Blue	Light Blue	Light Blue	Light Blue	Light Blue	Light Blue	Orange	Orange	Orange	Orange	Light Blue	
Finalized Ten Year Plan Priorities	Light Blue	Light Blue	Light Blue	Light Blue	Light Blue	Light Blue	Light Blue	Light Blue	Light Blue	Orange	Orange	
MPO Safety Performance Targets (Annual)	Light Blue	Light Blue	Light Blue	Light Blue	Light Blue	Light Blue	Light Blue	Green	Green	Light Blue	Light Blue	
MPO Travel Time Reliability Performance Targets	Light Blue	Light Blue	Light Blue	Light Blue	Light Blue	Light Blue	Light Blue	Light Blue	Green	Green	Green	
Traffic Count Program (Annual)	Dark Blue	Dark Blue	Dark Blue	Dark Blue	Light Blue	Light Blue	Light Blue	Light Blue	Light Blue	Light Blue	Light Blue	

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Seacoast Bike/Walk Month Partners



A month of rides,
walks, workshops,
challenges,
commuter
breakfasts,
celebrations and
events for families...

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Seacoast Bike & Walk Month 2020 Events



Thursday, April 30th, 5:30-7:30pm, Jimmy LaPanza Lounge at Portsmouth Brewery
Bike & Walk Month Kick-Off Party. Enjoy a great craft beer at the cash bar and tasty complimentary snacks generously provided by Portsmouth Brewery. Door prizes, shuffleboard, great company, fun!

May 1st–31st, all over the Seacoast and right at your office!
Commute Smart B2B Challenge. Form a team at work to bike, walk, carpool, bus, or telework. Bikers will receive special awards for the most trips. Free & open to all Seacoast NH employers. www.commuteSMARTseacoast.org/Challenge/2020

Tuesday, May 5th, 5:00-8:00 pm, Flatbread Pizza Company Portsmouth
SABR Fundraiser. Eat out at Flatbread and a portion of your check will go to support SABR's advocacy and education efforts. Enjoy great pizza, help a great cause, get the latest on regional bicycling initiatives and maybe win a raffle prize.

CYCLE THE SEACOAST  **Sunday, May 3rd, Cisco Brewers at Pease**
Cycle the Seacoast Charity Ride for NH Lung Association. Choose a 25, 50 or 100 mile route and raise funds for a great cause. Register at www.BikeTrekNewEngland.org

Friday, May 15th, Noon-1:00 pm, Portsmouth City Hall
Portsmouth Mayor's Ride. Meet at City Hall in Portsmouth to join Mayor Rick Becksted and City staff for a bicycle tour of recent and planned bicycle and pedestrian facility improvements.

XXXXXXXXXXXX, 9:00 am, XXXXXXXX
SABR Fun Ride on the Hampton Branch. Meet at Loaded Questions Brewery in Portsmouth and take a low-speed group ride along the Hampton Branch rail corridor, newly in public ownership and the future home of the East Coast Greenway through New Hampshire. Meet at 8:45am. Ride rolls out at 9:00. Some of the group will likely go out for lunch afterward. Free.

Thursday, May 7th, 7:00 pm, Gus' Bike Shop in North Hampton
Basic Bike Maintenance for Women with Jen Murphy. Brush up on basic bike maintenance and fixing a flat tire in a fun environment! (Following the weekly Gus' Gals ride) Free.

Friday, May 15th, 7:00-9:00 am, Ten locations around the Seacoast!
Free Bike/Walk to Work Day Breakfasts. Dover City Hall, Durham/UNH at Oyster River Cycle Sport, Exeter Town Bandstand, Kittery at Kittery Family Practice (5:30am start!), Newmarket at The Bike Factory, Pease at _____, Portsmouth at Popovers, Rye at Rye Public Library, Stratham at Timberland and Hampton at Town Hall.

Sunday, May 17th, 10:00am-2:00pm, Stratham Hill Park
eBike Expo! Come learn about eBikes and test ride a few on the trails at Stratham Hill Park. Sponsored by SABR and Stratham Parks & Recreation.

XXXXXXXXXX, XXXXXXXXXXXX, 5:00-7:00 pm, Little Harbor School in Portsmouth
Building Confidence Bicycling in Traffic. Clinic taught by League-certified bicycling instructors. Adults and ages 14+ with a parent. Free.

Wednesday, May 20th, 7:00pm, 3S Artspace
Safer Streets for Portsmouth - Join us for a conversation with nationally known bike advocate Aaron Naperstek of Streetsblog to talk about improving bicycle accessibility in Portsmouth. Sponsored by Portsmouth SmartGrowth (formerly PS21). With questions contact jfsandberg@yahoo.com. Free.

Wednesday, May 27th, 5:45pm, Shipyard Brew Pub in Eliot
Women Only Social Ride. Ride 14 miles of quiet, gently rolling roads in Eliot, Maine. Meet at Shipyard Brew Pub (28 Levesque Drive) at 5:45pm/roll at 6:00pm.

Sunday May 31st, 10:00 am-2:00 pm, Stratham Hill Park
Take a Kid Mountain Biking Day. Sponsored by Seacoast VeloKids. Free.

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Seacoast Bike Month Presented By:






Seacoast Bike/Walk Month 2020 Calendar of Events

Seacoast Bike/Walk Month 2020 Calendar of Events

Not any more!

All in-person events
are off due to
COVID19...

Sooo...



Business to Business (B2B) Challenge 2020

2019 Results

55	Companies
1030	Participants
7,291	Avoided Auto Trips
176,312	Avoided Auto Miles
81	Avoided Tons of CO ₂
121,318	Avoided commuting costs



Seacoast Bike/Walk Month 2020 Calendar of Virtual Events

 CYCLE THE SEACOAST | Cycle the Seacoast Virtual Event



Fix a Flat for Women zoom clinic



Intro to Zwift indoor cycling Clinic



Bike Travel Weekend w/Adventure Cycling Association



Safety Checks for Dusty Bikes workshop



Bike to Work (at Home) Day



Meals on (Two) Wheels – food collection

National Bike/Walk to Work Day Postponed

Rescheduled for 9/22/2020

10 Breakfasts around Seacoast



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Rockingham Age Friendly Communities Initiative

- Proposal to Tufts Health Plan submitted 3/31
- Partnership with Rockingham Meals on Wheels
- AARP National Framework
- Build on work in NH by SNHPC & SWRPC



AARP 8 Dimensions of Age Friendly Communities

Outdoor Spaces
& Buildings

Transportation

Housing

Social
Participation

Respect & Social
Inclusion

Work & Civic
Engagement

Communication
& Information

Community &
Health Services

Focus for Rockingham Age Friendly Initiative

Transportation



Housing

Social & Civic Engagement



Community & Health Services

Proposed Scope

- Steering Committee
- Regional Forums
- Community Assessments
- Resource Guide
- Pilot Projects in Year 2



Community Assessments

- 10-12 in Year 1, 4-6 in Year 2
- Guided by local Steering Committees
- Community Survey
- Local Community Forum
- Assessment Report



Collaborations & Steering Committee

Steering Committee & Other Anticipated Project Partners

- Municipal reps
- Rockingham Planning Commission
- Rockingham Nutritional Meals on Wheels
- AARP New Hampshire
- COAST
- Access Navigators
- Workforce Housing Coalition
- Portsmouth Chamber Collaborative
- Rockingham VNA
- Health Care Providers
- NH Alliance for Healthy Aging
- UNH CACL & Cooperative Extension



Next Steps

- Tufts site visit zoom mtg in May
- Notification on funding decision mid-June
- Outreach to communities re: participation
- Outreach to formalize steering committee
- COVID19 implications

