

Planning for Age Friendly Communities in the Rockingham Region



MPO Technical Advisory Committee
June 24, 2021



Age Friendly Communities Initiative Rockingham Planning Region

- Proposal to Tufts Health Plan submitted 4/2
- Rockingham Meals on Wheels fiscal agent
- AARP National Framework
- Builds on work in NH by
 - Southern NH Planning Commission
 - Southwest Regional Planning Commission
 - Strafford Regional Planning Commission
 - City of Portsmouth and other communities



AARP 8 Dimensions of Age Friendly Communities

Outdoor Spaces
& Buildings



Transportation



Housing



Social
Participation



Respect &
Social Inclusion



Work & Civic
Engagement



Communication
& Information



Health &
Nutrition
Services

Proposed Scope

- Steering Committee
- Regional Forums
- Community Assessments
- Pilot Projects in Year 2



Community Assessments

- 6-7 in Year 1, 3-4 in Year 2
- Guided by local Steering Committees
- Community Survey
- Local Community Forum
- Assessment Report



Collaboration & Steering Committee

Steering Committee & Other Anticipated Project Partners

- Municipal Staff & Elected Officials
 - Rockingham Planning Commission
 - Rockingham Nutritional Meals on Wheels
 - AARP New Hampshire
 - Seacoast Public Health Network
 - COAST Transit
 - Access Navigators
 - Workforce Housing Coalition of Greater Seacoast
 - Local and Regional Senior Centers
 - Racial Unity Team
 - Older Adult Citizen Members
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- NH Alliance for Healthy Aging/UNH CACL
 - NH State Commission on Aging



Next Steps

- Notification on funding decision this week
- Outreach to communities re: participation
- Outreach to formalize steering committee



Questions for You

- Interest to participate in some capacity?
- Willingness to distribute surveys/forum info?
- Communities with particular need?



Questions?

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